



## EMERGENCY LOADOUT GUIDE - K9 Survival Kit

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# Emergency Loadout Guide

## K9 Survival Kit

Utilize a dog for survival - Packing Gear on your dog - Obedience Training for SHTF

<input type="checkbox"/> BOB	<input type="checkbox"/> INCH	<input type="checkbox"/> VEK	<input type="checkbox"/> GHB	<input type="checkbox"/> EDC	<input checked="" type="checkbox"/> K9
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A well trained and loved dog will obey, trust, love and protect his owner above all else no matter what. This guide will provide a checklist and guide for outfitting man's best friend, a dog. It will highlight how a dog can be implemented as part of your emergency preparedness plan by; providing a warning of intruders, defending owners, carrying supplies, and more.

This guide is designed to provide a basic checklist for a K9 survival kit that aids your animal if it, or you, encounter an injury/sickness, gets lost, treks long distance in rough weather environments, or faces a survival scenario. We've have placed an emphasis on real world survival situations. While this guide is great for the average trail hiker and K9 companion, it's important to provide tips and packing supplies for a SHTF bug out scenario. We'll highlight these survival applications with an icon so you can plan and pack accordingly.

### Bottom Line Up Up Front (BLUF):

1. **K9 Firstaid for splinters, cuts, sprains, snake bites.**
2. **K9 Trail Care for nails, paws, coat, and how to treat minor ailments.**
3. **K9 Hydration and Food Procurement in the wilderness.**
4. **K9 Training tips.**
5. **K9 carried Survival Kit for handler.**
6. **Selection guide for Harness, Load Bearing Vest, Leashes, and Collars.**
7. **Emphasis on SHTF utilization of K9.**
8. **Packing Checklist for all kits.**

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RESOURCES & SUMMARY - BUGGING OUT, PRODUCTS, ICERS, ETC.



Indicates survival tips/supplies for worst case scenarios & post-apocalyptic events.



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### EMERGENCY LOADOUT: Terminology

**BOB:** A “Bug Out Bag” is a backpack style bag worn when expediently traveling from an undesirable location to a desirable location. This is typically when you must egress from home to a bugout location (BOL). It’s a worst case scenario loadout with items needed to survive a 72 hour trip. You’ll be able to travel quickly with these bare essentials. A BOB is the ideal loadout for unexpected civil unrest/rioting/looting, localized EMP, fuel/food shortage during grid down, etc.

**INCH:** “I’m Never Coming Home” is a loadout for when you must egress from home to a BOL with no intentions or expectation of returning home. It can be an INCH bag overloaded with supplies for a 10 day trip or a trunk or trailer pre-loaded in a Bug Out Vehicle (BOV) with supplies for a vehicle egress. The items in an INCH should aid in long-term settlements and retention of memoirs. For example a bag would have family photos and your child’s stuffed animal. The trunk/trailer would include solar panels, hand tools, fuel stabilizer, siphoning pump, etc. This loadout is better fit for responses to nuclear fallouts, land invasions, widespread EMP, pandemic, etc.

**VEK:** A “Vehicle Emergency Kit” has equipment and tools that stay inside your trunk until needed. It should have tools for common problems like a dead battery, frosted windshield, and low fuel. It should be there for a crisis such as longterm stranded motorist scenarios, snow storms, and crashes. The VEK will also be a supplement during SHTF cases.

**GHB:** The Get Home Bag is retrieved when traveling from an undesirable location to the homestead. Ideal for the vehicle, workplace, or out of town meeting. It has the bare essentials needed for a 1-2 day trip. The intent is to have minimalistic and subdued supplies that are quickly accessed and easily carried on a daily basis. A GHB will come in handy if the SHTF happens while you are at work or less than 100mi from home.

**EDC:** Your Every Day Carry is composed of useful tools and supplies to accomplish daily tasks. While some items can aid in a survival scenario the purpose of the kit varies. These items are carried on one’s person or kept nearby such as in a small pouch. EDC is also what you wear; this is EDW or Every Day Wear. A Personal Survival Kit (PSK) should be in your EDC.

- EDC is in arm’s reach and gets used daily for common tasks.↴
- ☞VEK stays in your vehicle and can be used for minor roadside emergencies or as a supplement your other survival egress options. ↴
- ☞GHB should be in with you on public transportation or when out and away from areas where you could store your BOB, it’s used to get home during an unexpected widespread emergency. ↴
- ☞BOB is kept at secure locations like your car, work, or home and is used during rushed transition from danger to a rallypoint or home and only last for about 3 days. ↴
- ☞INCH is for planned bugouts from home to a secure location.↴
- ☞Your K9 is with you at home, on walks, and should be apart of your survival plan to bridge the gap when other loadouts are not available.



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### USES OF A K9

#### → Morale

- ◆ Man's best friend, the earliest signs of the domestication of dogs that have been found dates back to BC centuries.
- ◆ Research shows that dogs also help decrease the symptoms of depression.
- ◆ Dogs are used as service animals for more than just as a "seeing eye dog," they aid in depression and PTSD management.

#### → Defense

##### ◆ Home Alert:

- Train your dog to bark at sounds, that's what dogs do, don't scold them for this action. This is one of the most important functions a dog can do for you.
- 🐾 Imagine your camped out on the trail or at a rally point, your dog's bark would alert you to the presence of other persons and could save your life.

##### ◆ Self Defense:

- A dog's natural instinct is to protect you. If they feels threatened or deems you are in imminent danger, they may attack.

- ◆ 🐾 Sentry, Guard, Watch (Dogs): Consider bite training or K9 defense training so that when times change and threats increase, you have a companion that will serve as your backup or barrier.

→ Hunting - a dog can greatly improve your yield during hunts. Consider training your dog in this core skill.

→ Carrying supplies: This will allow dogs to not only carry support supplies for themselves but also gear for their handler.

→ Missing Persons and Article Search: Law Enforcement have long used K9s to help find lost children, illegal drugs, explosives, etc. Consider utilizing the skill to implement in message delivery/recovery, finding supplies/food, etc.

→ Search and Recovery: As with the previous skill, dogs are natural born helpers. They can aid in the search of injured persons and alert you to their presence if a friendly has suffered an accident or fall.

→ 🐾 Warmth: Sounds silly but this is a real survival application. To prevent hypothermia increase your proximeter and create an enclosure for you and your dog. Just as a packed room is hotter than an empty room, humans and animal warm their surroundings. A K9's average temperature is about 3f degrees warmer than us!









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### K9 First Aid Kit for injuries, allergic reactions, etc.

*There are a number of hazards your K9 might face, whether just exploring outdoors or in a SHTF situation, having some of these supplies can literally be a lifesaver. Unless marked with the below indicators, this checklist should be completed for all K9s and carried in close proximity or attached to the K9.*




#### ☐ PACKING LIST -

- ☐ Gauze/Dressing, choose the types and sizes that work best for you dog size and potential threats. Here are some suggestions,
  - ☐ S-Rolled Gauze
  - ☐ ETD™ 4 in. Emergency Trauma Dressing
  - ☐ ETD™ Abdominal Emergency Trauma Dressing
  - ☐ Combat Gauze Hemostatic Dressing
  - ☐ QuikClot Combat Gauze Pro Z-fold
  - ☐ Petrolatum Gauze (3 in. x 18 in.)
- ☐ Razor/Simple Clippers
  - In situations where gauze or stitches are needed, the fur on your dog needs to be shaved to expose the skin and tissue in order to properly clean the wound and stop the bleeding. These can also be used for treating splinters or nails.
- ☐  HyFin® Vent Chest Seal Twin Pack
- ☐ Injectable diphenhydramine\* or individually packaged Benadryl.
- ☐  Veterinary Anaphylaxis Pen
- ☐  Needleless Saline Lock Kit
- ☐  RS® Needle Decompression Kit (14 G x 3.25 in.)
- ☐  SAM® Splint II (36 in. x 4.25 in.)
- ☐ Eye Wash Solution
- ☐ Nitrile Trauma Gloves (2 pair)
- ☐ Hydrogen Peroxide
- ☐ Digital Veterinary Thermometer
- ☐  Muzzle
  - A muzzle gives the appearance that your dog is a threat to others and serves as a psychological deterrent to potential hostile subjects.



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- It can be used when around friendlies or high population areas that are safe, so that your dog does not injury non-hostile persons.
- The muzzle can also be there to protect you. In the event of an injury, your dog may snap at you to try to protect the wound. Use of a muzzle allows you to carry out your first aid without the risk of incurring a dog bite kit yourself - very important, if there's two people special restraint positions can be used. These are simple to learn, lateral recumbency is quick easy and can be done anywhere and allows access to any part of the dog. Practicing this with your dog and using positive reinforcement will make it easier in a tense situation.
- ☐ Veterinary Elastic Adhesive Tape
- ☐ Self-Adherent Bandaging Tape
- ☐  Antibiotics.
- ☐  Betadine, or Chlorhexidine solution
- ☐ Suture material or fishing line if it's a really bad situation.
- ☐ Rubbing alcohol
  - Can be sprayed on paws helps cool them down quickly if on hot pavement.
- ☐  NeoPredf with tetri-cane, treats pain, inflammation, infection, ear/skin conditions, and allergies. It's a good all around solution to most issues.
- ☐ Cotton balls and Q-tips.
- ☐ Splinter Forceps or Tool. Used to remove splinters, barbs, etc.



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### **K9 Care Kit for nails, fleas, snakes, vaccinations, preventive, etc.**

*Ticks are a major problem in many parts of the United States, particularly southern states. Fleas and ticks pose a risk to your dog as a vector for disease - and by extension, pose a threat to you as well. Due claws and nails should be kept trimmed to prevent injuries such as being snagged and ripped off. While a dremel tool is often used to trim nails, we're not including that here because this is a packing list and not an all encompassing supply list.*

- Use flea and tick preventative as directed by your Veterinarian.
- Holistic Treatments: Cedar shavings or spray can deter certain insects.
- Snake Bites
  - ◆ You may not be present or observe the snake bite so watch for these symptoms.
    - Restlessness
    - Drooling
    - Panting
    - Uncoordination
    - Diarrhea
    - Dilated Pupils
    - Pale gums
    - Shock
  - ◆ What to do if you suspect a snake bite.
    - Calm, and limit movement. Carry dog if possible.
    - Keep wound below heart level, do NOT elevate.
    - Identify or photograph snake if safe/possible.
    - Remove any constrictive particles that may cut off circulation if inflammation occurs, (collars, harness, paw boots, etc).
    - Transport to a veterinarian immediately.
    - If in a remote area multi day away from a Vet or if in a post apocalyptic scenario; follow the above guidelines, hydrate dog, wash wound 5 minutes after any bleeding has stopped, lightly apply bandage, wait and hope for the best.
  - ◆ Here's what NOT to do if you can get to a Vet instead.
    - Ice
    - Tourniquet
    - Wash
    - Suck out venom with mouth.
- Vaccinations - Keep your dog vaccinated. If the SHTF, then you'll likely not be able to tend to many of the diseases and ailments vaccines prevent.



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→ Preventive Care - Keeping your dogs ears and skin clean are paramount! If a yeast or similiar infection sets in it can quickly get out of hand. This will lead to problems that you might not be able to handle in a SHTF situation. Ask your Veterinarian how to properly clean your dog's ears. Have yearly checkups- these aren't just money makers for the veterinarian!

### ☐ PACKING LIST -

- ☐ Doggie bags.

- ☐ Quick Stop or Styptic powder if you hit the quicks trimming the nails.

- ☐ Nail Clippers

- ☐ Sandpaper (80 grit)

- While not necessary during SHTF, these bags improve hygiene in dense populated area of trails. They can also be used to collect foraged food, water, or package scavenged food for K9 consumption at a later time.



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### K9 ID for lost pet, returning to owner, microchip, massaging, GPS beacon, etc.


*An ID tag on your dog is the single most important item your dog can wear as the most likely unfavorable event your dog might encounter is getting separated.*

#### ❑ PACKING LIST -

##### ❑ ID tags

- ◆ Simple dog tags with your dogs name, your address, and your phone number is a simple item to have. However, it is the most efficient way when it comes to making sure you and your dog can find each other in the event that you're separated.
- ◆ Tags should be engraved on metal or plastic. Any other form of painting or writing will wear off in time.
- ◆ Use silencers or ranger bands to secure tags together so they do not create sound or give your position away if in a hostile area.

- ❑ Microchips work but they can migrate around under the skin. They can be helpful in urban areas or when your dog is lost on a trip. When a dog is found and brought to animal control, vet, or pound; by practice the dog is scanned for a chip and then the owner is contacted.

- ❑  Livestock pen can be used in a mass casualty situation to write addresses and phone numbers on the dogs sides. It can also be used to write HELP/SOS when you are immobile and you've sent your dog out for help. Be sure to also attach a note with message of your location and emergency.

- ❑  GPS Tag






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### K9 Eye, Ear, Body, & Paw Protection

*If you're in an extremely bright area - desert or snowbound - or an extremely loud place, care needs to be taken to protect your dog's hearing and eyesight. These are among your dog's greatest assets.*

- ❑ **PACKING LIST** - many of these items are optional based on environment and training.
  - ❑ “Doggles” such as RexSpecs or a similar set of protective glasses
  - ❑ RexSpecs offer protection against snowblindness and are also useful for dogs with pannus, as shading their eyes does help with the condition. In addition to shading their eyes in bright light, “doggles” offers your dog eye protection against dust/debris, such as from high winds, or sticking his head out the window at highway speeds. Get your dog used to wearing their doggles before an SHTF event occurs, have your dog try wearing them several times to get used to it. As always, praise them effusively for tolerating protective eyewear.
  - ❑ K9 Hearing Protection (Ear Muffs). If it's loud enough to hurt your ears, your dog's hearing needs to be protected. Gunfire, loud engines idling and so on can cause permanent hearing loss.
  - ❑ K9 Boots / Protective Footwear. Paws are susceptible to harm from nails, broken glass, jagged metal and extreme heat and cold as well as hazardous materials. Acclimate your dog to the boots before a SHTF situation so that your dog is comfortable with the boots. Most dogs are not thrilled with them and need time to get used to footwear. Again, be sure to praise your dog enthusiastically for using the footwear.
  - ❑  K9 Armor. Consider the need for Stab and Slash Proof Vests/Collars and Ballistic Armor, (yes, they make these).



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### **K9 Sustenance for food and water.**

*Your dog needs to eat, just like you do - fortunately, their bellies can take more raw foods than ours, but rations for your K9 are a great idea. Food should be selected specifically for the dog you have. In almost any store that sells dog food you will find a wide variety of options from puppy kibble to adult food as well as food for large and small breeds. Be sure that the food you select will not perish quickly, and that it can be stored for long periods of time.*

#### → K-9 Hydration

- ◆ Your dog needs to carry their own water and container.
- ◆ Get your dog comfortable eating and drinking away from his “home”, many dogs have trouble doing this away from their homes. In SHTF you won’t have a choice they will need to eat and drink when they can.

#### → K9 Food.

- ◆ While you can carry additional food on your person, vehicle, etc; your dog should have 3 emergency meals carried on a K9 side pack.
- ◆ Do not feed meat containing cooked poultry bones.
- ◆ Train your dogs to only accept food and water from family members and eat when told, this could be dangerous if someone gave your “guard dog” “food” and rendered them incapable and leaving you vulnerable.
- ◆ Train your dog to hunt so you both can collect food.
- ◆ Train your dog to scavenge, or really just allow it, they’ll naturally investigate dead animals, you deem it safe.

### **❑ PACKING LIST -**

- ❑ **Bowl, collapsible.**
- ❑ **Wearable bladder, insulated (if in cold environments).**
- ❑ **1 liter of water.**
- ❑ **Dry Dog Food, (3 meals)**




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### K9 Survival Kit

*These are items that can aid in your dogs survival and abilities to aid you in a bug out scenario.*

#### ❑ PACKING LIST -

- ❑ 2 Glow Stick (chemlights), used for marking dog at night so you can see where they scout ahead or if they get too far away.
- ❑ Poncho, to keep your dog warm or create shelter during bug out camping.
- ❑ Flashlight, a light can be mounted to your dogs side pack or harness. This will illuminate their patch, not so much for their necessity but so you can see of any dangers or points of interest they may be lighting up.
- ❑ Light Beacon, another option to keep up with your dog at night or increase safety if they are around vehicles.
- ❑ Reflective Vest, Markers, or Patches. Can be worn to prevent your dog from being mistaken by a hunter or for vehicle safety.
- ❑  Camera (optional), something like a Go Pro or even a phone can be mounted to the side pack or harness so you can send your dog into hostile areas to scout and then recall to retrieve video intel.



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### **Handler Survival Kit for carried by K9**

*This kit is carried in your dogs side pack but is primarily for your use in an emergency. This is a backup to your Personal Survival Kit (PSK) and not a replacement. If you get separated from your gear or SHTF and you can retrieve your own gear, at least you'll have this kit.*

#### **PACKING LIST -**

- ☐ Firestarter and Tinder
- ☐ Micro-First Aid Kit (bandages, alcohol pads, antibiotic ointment, etc)
- ☐ Keep in mind, in an emergency most of the K9's first-aid supplies can be used on your or other persons.
- ☐ Duct Tape
- ☐ Pen and Paper
- ☐ Can be used to write a message for your dog to deliver.
- ☐ Whistle
- ☐ Compass
- ☐ Fishing Kit (fish line, hooks)
- ☐ Sewing Kit (thread, needles)
- ☐ Water Purification Tablets.



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### **K9 Harness, Side Pack, Leashes, and Load Bearing Vest(LBV).**

*We'll refer to any bag like accessory as a K9-LBV from here on out. Every dog is different, therefore rigs must be tailored specifically to your K9. Most importantly you need to know your dogs limitations. GET TO KNOW YOUR DOG! If you plan to have your K9 to be at your side when SHTF your dog must train just as hard as you. Hike with your dog. Know how far your dog can hike and run and know how much weight it can carry. Any K9 load bearing vest can work.*

- Weight should be distributed evenly along sides. Do not apply weight to top of pack.
- K9 LBV and harnesses should be made of quality materials, check plastic buckles for strength so they don't break when on the move.
- Consider K9 LBVs with *modular designs and molle straps as they are useful in three main ways,*
  - ◆ *They are efficient in categorizing the gear*
  - ◆ *They add the ability to adapt the harness specifically to your K9.*
  - ◆ *Improves ability to weight balance.*
- *Look for options with Velcro patch adaptability because,*
  - ◆ *It allows you to use custom patches that display to others information like,*
    - *Caution*
    - *Do not pet*
    - *Service animal*
  - ◆ *Patches can also readily identify information such as,*
    - *K9 name*
    - *Lost/found contact info*
    - *Medical/Vaccination data*
  - ◆ *You can add fun morale patches.*
  - ◆ *You can add additional Velcro ready pouches, tools, firstaid items, and more.*
- Harnesses should have a strap that goes under the chest right behind the front legs. It should have multiple points of leash attachment.
- Leashes should be kept short, your dog should be trained to stay by your side. Avoid long leashes. Carry and use a primary but pack a backup leash.
- Collars should have 2 points of attachment. The ID/Medical Tags should not be on the same ring as the leash.

#### **❑ CHECK LIST-**

- ❑ **Collar**
- ❑ **Primary Leash**
- ❑ **Secondary Leash**
- ❑ **Harness (optional)**
- ❑ **Side Pack; such as a saddle bag, LBV, pet backpack.**



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### K9 Other

*Believe it or not, this section only has one item. It's important for your dog's morale and rewarding good behavior.*

#### ☐ PACKING LIST-

- ☐ Dog Bone and Toys.
- ☐ Treats
- ☐ Dog Crate or Bed.

### K9 Survival Training

*A house pet with no training could be a disaster in a survival situation.*

- A crate/bed is the dog's "safe place" or his home that's his space to relax and feel safe. Allow the dog to have one and respect when he is in his crate/bed. Bring it with you in case SHTF. There may be times you have to move out for supplies or scouting and can't bring your dog, you'll want to make sure he stays put and is secure. Crate training can be away to transition your dog into knowing when he is "off-duty" to allow them to relax and also not alert when it's best to keep a low profile.
- Agility and Obedience Training - These are a great foundation to training your dog for a variety of purposes and scenarios. The ability to send your dog out, recall, sit, stay, etc; are all key to implementing them in more complex missions.
- Conditioning: Begin training with basic tasks, walking to the mailbox and back without a leash, allowing barking at strangers, walking up and down steps with dog, teaching dog to stay by your side, walking thru woods, alleys, etc. Keep in mind there are times when barking may give away your position, work on transitioning your dog to learn when you are in a safe space (or space you need to move through quietly) so that they do not bark.
- Gradually increase the lengths of your trek: Physical preparedness is key and being able to keep up with your dog, and pace them is essential, in many cases they may not be able to keep up with you.
- Improve non-restraint training: Ideally, you want a dog that is able to stay in your general area without a leash.
- Put an empty LBV (Load Bear Vest) or saddle bag on your K9: Familiarize them with the pack so it does not become an agitator. Gradually add weight to the pack until you reach the intended kit weight.
- Go on overnight camping trips with K9: Camp in your car, in a tent, in an abandoned storage building. The time away from home will help adjust your dog to living and walking in new areas.



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## RESOURCES

### BUGGING OUT

Determining when to bugout is specific to each scenario. The rule of thumb is to egress from one location to another when resources are near depletion and/or danger is increasing to a point to be no longer avoidable.

Superesse has developed an Emergency Response System to help assess your situation and react in concert with your support group. The ICERS plan (In-Case-of-Emergency Response Plan) is a downloadable and editable template in PDF and Word format.

Download at [www.superesstraps.com/products/icers](http://www.superesstraps.com/products/icers)

### ELG: EMERGENCY LOADOUT GUIDES

This is 3 of 6 guides in the ELG Series. You will get first access to the remaining guides upon their release. Download the series at [www.superesstraps.com/collections/resources](http://www.superesstraps.com/collections/resources)

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## GEAR

### SUPERESSE GEAR

You have access to our customer discount of 25% off all our [survival straps](#), [patch kits](#), [carryall bags](#), [hanks](#), and more. Use promo code “GETANOTHER” at checkout. Choose from a collection of wearable gear and micro tin kits that can be used to outfit your Emergency Loadouts.

## SUMMARY

This is a working document. Content such as gear suggestions, tips, packing ideas, and other info will be updated as we deem fit. You'll receive email notifications along with a download link.